

Orienteering

Recommended Lesson Plan for Self-Guided Kit



AOs

Essential Skills

Communication
Problem Solving
Information
Self management and competitive
Social and co-operative
Physical

Integrate with:

Science - Living World
Health and Physical Education

Site

Jan - Dec Lower Garden up to Aviary

Preparation

- ❖ 20 flags will already be positioned in the Lower Garden up to the Aviary.

Please bring

- ❖ Pencils and photocopied worksheets and maps. (NOTE: the map is the same for both junior and senior courses.)

Activities

1

Introduction

5 mins

- ❖ Divide children into small groups with one map and worksheet, clip board and pencil per group. Ensure children understand the code of conduct in the Botanic Garden:
 1. Stay with your group and adult leader at all times.
 2. Take care of the plants and stick to the paths or lawns.
 3. Be aware of tractors, lawn mowers and signs around the gardens.

We recommend that flags are visited in order and the teacher remains a floater so that groups don't get lost. Make a time for all groups to meet back at a certain place.

2

Orienteering

75 mins

- ❖ Encourage children to co-operate with their groups in answering the questions as carefully as possible.

3

Conclusion

10 mins

- ❖ Go through answers together.

For any queries contact : Administration

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