

Saturday 15th August 2026

25M POOL

7:00 a.m	10:15 a.m	Lane 1 - 2	Aqua Jogging
7:00 a.m	10:15 a.m	Lane 3 - 8	Public Lane Swimming
10:15 a.m	11:00 a.m	Lane 1 - 3	Aqua Fitness Class
10:15 a.m	11:00 a.m	Lane 4 - 8	Public Lane Swimming
11:00 a.m	7:00 p.m	Lane 1 - 2	Aqua Jogging
11:00 a.m	4:00 p.m	Lane 3 - 5	Public Lane Swimming
4:00 p.m	7:00 p.m	Lane 3 - 6	Public Lane Swimming

HYDROTHERAPY POOL

7:00 a.m	7:00 p.m	Hydrotherapy Pool	Aqua Jogging
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LEARNERS POOL

10:00 a.m	12:30 p.m	Lane 2 - 4	JC Swim School
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LEISURE POOL

12:00 p.m	3:30 p.m	Leisure Pool	Birthday Party
4:30 p.m	6:00 p.m	Leisure Pool	Birthday Party
4:30 p.m	6:30 p.m	Leisure Pool	Group Swim - Youth United

POOLSIDE ROOM

12:00 p.m	3:30 p.m	Poolside Room	Birthday Party
4:30 p.m	6:00 p.m	Poolside Room	Birthday Party

SPA POOL

7:00 a.m	7:00 p.m	SPA POOL CLOSED	
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Sunday 16th August 2026

25M POOL

7:00 a.m	7:00 p.m	Lane 1 - 2	Aqua Jogging
7:00 a.m	10:30 a.m	Lane 3 - 8	Public Lane Swimming
10:30 a.m	4:00 p.m	Lane 3 - 5	Public Lane Swimming
4:00 p.m	7:00 p.m	Lane 3 - 8	Public Lane Swimming

HYDROTHERAPY POOL

7:00 a.m	7:00 p.m	Hydrotherapy Pool	Aqua Jogging
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LEISURE POOL

3:00 p.m	5:00 p.m	Leisure Pool	Birthday Party
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POOLSIDE ROOM

3:00 p.m	5:00 p.m	Poolside Room	Birthday Party
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SPA POOL

7:00 a.m	7:00 p.m	SPA POOL CLOSED	
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