Thursday 26th November 2026

25M POOL

6:00 a.m.	6:30 p.m	Lane 1 - 2	Aqua Jogging
6:00 a.m.	3:30 p.m	Lane 3 - 8	Public Lane Swimming
3:30 p.m	5:00 p.m	Lane 7 - 8	JC Swim School
3:30 p.m	5:00 p.m	Lane 3 - 6	Public Lane Swimming
5:00 p.m	5:45 p.m	Lane 5 - 8	JC Swim School
5:00 p.m	5:45 p.m	Lane 3 - 4	Public Lane Swimming
5:45 p.m	6:45 p.m	Lane 6 - 7	Neptune Swim Club
5:45 p.m	6:30 p.m	Lane 3 - 5	Public Lane Swimming
6:15 p.m	6:45 p.m	Lane 8	Adult Swim Class
6:30 p.m	7:15 p.m	Lane 1 - 3	Aqua Fitness Class
6:30 p.m	6:45 p.m	Lane 4 - 5	Public Lane Swimming
6:45 p.m	7:15 p.m	Lane 4 - 8	Public Lane Swimming
7:15 p.m	8:00 p.m.	Lane 1 - 2	Aqua Jogging
7:15 p.m	8:00 p.m.	Lane 3 - 8	Public Lane Swimming

HYDROTHERAPY POOL

6:00 a.m	8:00 p.m.	Hydrotherapy Pool	Aqua Jogging
10:00 a.m	11:00 a.m	Hydrotherapy Pool	Well South Aqua Group

LEARNERS POOL

11:30 a.m	2:30 p.m	All Learners Pool	Elmgrove School - Just Swim
3:30 p.m	5:30 p.m	Lane 2 - 4	JC Swim School
6:00 p.m	7:30 p.m	All Learners Pool	Opoho Scouts Group

LEISURE POOL

11:30 a.m	2:30 p.m	Leisure Pool	Elmgrove School - Just Swim

POOLSIDE ROOM

11:15 a.m	2:45 p.m	Poolside Room	Elmgrove School - Just Swim

SPA POOL

6:00 a.m	8:00 p.m.	**SPA POOL CLOSED**