

## Wednesday 17th December 2025

### 25M POOL

6:00 a.m.	8:00 p.m.	Lane 1 - 2	Aqua Jogging
6:00 a.m.	10:30 a.m	Lane 3 - 8	Public Lane Swimming
10:30 a.m	3:00 p.m	Lane 3 - 5	Public Lane Swimming
3:00 p.m	6:15 p.m	Lane 8	Just Swim
3:00 p.m	6:15 p.m	Lane 3 - 7	Public Lane Swimming
6:15 p.m	8:00 p.m.	Lane 3 - 8	Public Lane Swimming

### HYDROTHERAPY POOL

6:00 a.m.	8:00 p.m.	Hydrotherapy Pool	Aqua Jogging
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### LEISURE POOL

10:15 a.m	11:15 a.m	Leisure Pool	Sara Cohen - Kowhai Class
10:00 a.m	11:00 a.m	Leisure Pool	Sara Cohen - PikopikoClass
11:00 a.m	12:00 p.m	Leisure Pool	Elmgrove School
1:00 p.m	2:00 p.m	Leisure Pool	Elmgrove School
3:00 p.m	6:05 p.m	All Leisure Pool	Just Swim

### LEARNERS POOL

6:00 a.m.	8:00 p.m.	All Learners Pool	CLOSED
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