

## Thursday 18th December 2025

### 25M POOL

06:00	20:00	Lane 1 - 2	Aqua Jogging
06:00	10:30	Lane 3 - 8	Public Lane Swimming
10:30	16:00	Lane 3 - 5	Public Lane Swimming
16:00	18:30	Lane 3 - 8	Public Lane Swimming
18:30	19:15	Lane 6 - 8	Aqua Fitness Class
18:30	19:15	Lane 3 - 5	Public Lane Swimming
19:15	20:00	Lane 3 - 8	Public Lane Swimming

### HYDROTHERAPY POOL

06:00	20:00	Hydrotherapy Pool	Aqua Jogging
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### LEISURE POOL

06:00	20:00	Leisure Pool	Public Swimming
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### LEARNERS POOL

06:00	20:00	All Learners Pool	CLOSED
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