

Friday 31st October 2025

25M POOL

6:00 a.m.	8:00 p.m.	Lane 1 - 2	Aqua Jogging
6:00 a.m.	3:30 p.m.	Lane 3 - 8	Public Lane Swimming
3:30 p.m.	6:15 p.m.	Lane 8	JC Swim School
3:30 p.m.	5:30 p.m.	Lane 3 - 7	Public Lane Swimming
5:30 p.m.	6:15 p.m.	Lane 7 - 8	JC Swim School
5:30 p.m.	6:15 p.m.	Lane 3 - 6	Public Lane Swimming
6:15 p.m.	8:00 p.m.	Lane 3 - 8	Public Lane Swimming

HYDROTHERAPY POOL

6:00 a.m.	8:00 p.m.	Hydrotherapy Pool	Aqua Jogging
10:30 a.m.	11:30 a.m.	Hydrotherapy Pool	Te Kaika Health

LEARNERS POOL

9:15 a.m.	12:00 p.m.	Lane 3 - 4	Just Swim
9:45 a.m.	12:45 p.m.	Lane 1 - 2	Silverstream School - Just Swim
3:00 p.m.	6:00 p.m.	Lane 4	JC Swim School
3:30 p.m.	5:30 p.m.	All Learners Pool	JC Swim School
5:30 p.m.	6:00 p.m.	Lane 3 - 4	JC Swim School

LEISURE POOL

9:45 a.m.	12:45 p.m.	Leisure Pool	Silverstream School - Just Swim
10:30 a.m.	11:30 a.m.	Leisure Pool	Sara Cohen - Karamū Class

POOLSIDE ROOM

9:30 a.m.	1:00 p.m.	Poolside Room	SilverStream School
-----------	-----------	---------------	---------------------